

August 2014 Lunch Program Meal Selections @ Holy Family

Served by Rainbow Catering Co. (727)687-8788

MON	TUE	WED	THU	FRI
Aug 18) 1 /2 Day No lunch	Aug 19) Spaghetti noodles w/ Butter & parm & Meatballs French Bread Fresh fruit Hot Lunch (cold options)	Aug 20) Baked Chicken nuggets Crispy Fries Gogurt Hot Lunch (See Below)	Aug 21) Grilled Cheese Chicken noodle soup Fruit snack Hot Lunch	Aug 22) Pizza Caesar salad Brownie
Aug 25) Chicken tenders Mashed potatoes Breen beans Hot Lunch	Aug 26) All beef hot dog Baked Beans Chips Hot Lunch	Aug 27) Baked Chicken nuggets Crispy Fries Gogurt Hot Lunch	Aug 28) Cheese Quesadillas Chips & salsa Cookie Hot Lunch	Aug 29) Pizza Caesar salad Brownie

AVAILABLE EVERYDAY- As Meals

TURKEY SUB or HAM SUB or ITALIAN SUB or PB&J or BAGEL or

Chicken Caesar Salad or Chef Salad (w/ French Bread & drink)

(ALL SANDWICH MEALS COME WITH: SANDWICH; CHIPS; Fresh Fruit cup AND A DRINK)

Or:

TURKEY or HAM Stacker (our version of Lunch-able) w/ sliced turkey or ham/ sliced cheese/ Crackers /Fresh fruit cup / drink

All Meals include a choice of: White Milk – Chocolate Milk- Capri Sun Juice or Bottled Water

SALAD CONTAINS: ROMAINE LETTUCE; PARMESAN CHEESE;

GRILLED CHICKEN; FRENCH BREAD (CAESAR DRESSING)

CURRENT PRICING- ALL MEAL OPTIONS: \$3.75

Daily A-La-Carte: Extra Entrée \$1.50 Drink Only .85